

Sport Wales & Glamorgan CCC Student Internship 2024-25

Who are we? And why does this internship involve 2 organisations?

The Sport Wales Institute is a team of multi-disciplinary sport science practitioners working together to help Welsh athletes achieve success on the world stage. This involves providing support to national governing bodies of sport that compete at Olympic and Commonwealth Games (e.g. Welsh Cycling, Welsh Judo, Welsh Athletics, etc).

Sport Wales are partnering with Glamorgan Cricket, responsible for delivery to professional and academy cricket athletes in addition to Welsh national age group squads, in order to provide a variety of delivery/learning opportunities and an enhanced internship experience.

What will the internship involve?

Primarily, this internship will involve delivery to national age group squads from U13 to U18 across multiple sports such as Judo, Cricket, Hockey, Badminton, Table Tennis & Squash. You will be placed with a sport based on your availability and interests – but will need to be available at least 2x mid-week evenings and depending on the sport, potentially a weekend morning. Most of these sessions will take place in Sophia Gardens, Cardiff – but we are also looking to set up sessions in Swansea Bay Sports Park for students based there.

You will also have opportunities to assist and observe S&C sessions with professional/elite athletes working with our full-time staff. Ideally, you will be available for our bi-weekly intern development sessions (likely on a Wednesday afternoon). You will also attend monthly one-to-one mentoring sessions at a time convenient for both you and your mentor.

What benefits does the internship offer?

In addition to providing delivery opportunities and an intensive mentorship programme, some perks of this internship include:

- Travel expenses paid
- Flexible hours to fit around your work/study commitments
- Regular in-house CPD opportunities
- Funding for CPD if relevant to your development needs
- Opportunities for shadowing delivery of 10+ different sports – not just for S&C, but also other disciplines such as Performance Nutrition.

How do I apply?

To apply please send a CV to seb.moran@sport.wales by Tuesday 1st October and answer the following question, in no more than 300 words

- Describe and reflect upon an experience that influenced what's important to you as a coach and what sort of coach you aspire to be

Interviews will take place Wednesday 9th October 2024.